

MILFORD

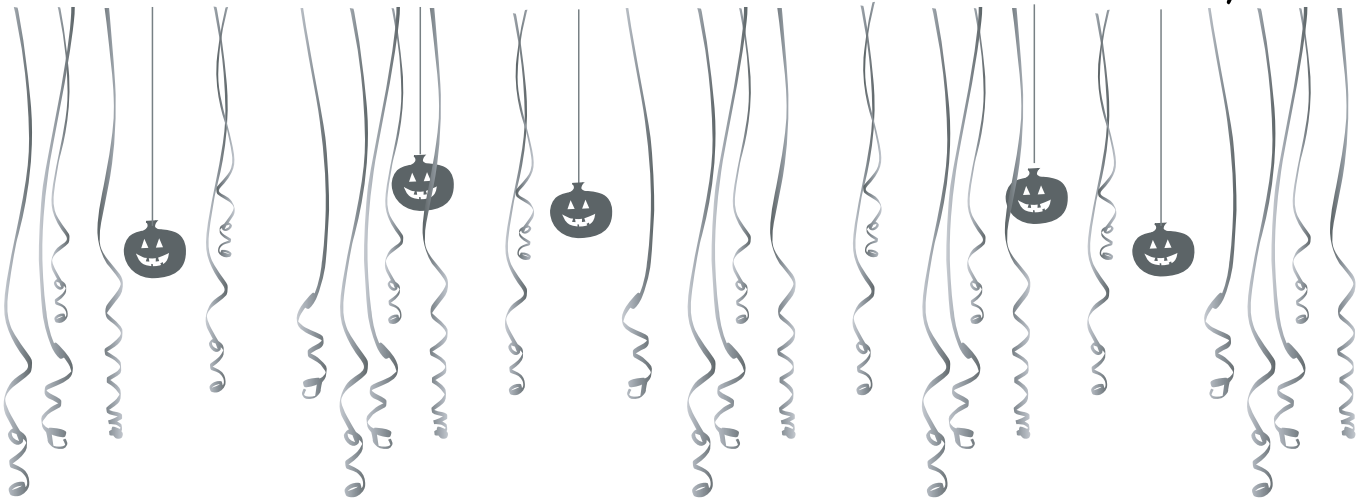
# RECREATION

## FALL/WINTER GUIDE

WWW.MILFORDREC.COM



2012/2013



MEMBER OF



1 Union Square • Milford, NH 03055  
Phone (603) 249-0625 • Fax (603) 673-2273



# MILFORD RECREATION FALL/WINTER

## YOU CAN NOW REGISTER ONLINE!

1. Go to [www.milfordrec.com](http://www.milfordrec.com), click register.
2. Click on "login" in the upper right hand corner of the page.
3. Select "I would like to create an account" under the login information.
4. Enter all data for the main account holder first.
5. Click "Save & Continue" when completed.
6. Click "Add New Member" and enter data in for the next person in your family until you have completed your family account.
7. To register for an activity click on "Register" on the left side or top of this page.

If you have questions or need further assistance, please feel free to contact the Milford Recreation Department office.

## RECREATION EVENTS



### Park 2 Park 5K & Kids 1K Fun Run

**All Ages.** Milford Recreation presents the 3rd Annual Park 2 Park 5K and Kids 1K Fun Run at Keyes Memorial Park! Proceeds go to the Kaley Park Development Fund. Donations beyond registrations are encouraged. Race starts at Keyes Memorial Park, the course includes trail running along the Souhegan River, good ups in surrounding neighborhood, cross over Milford's swinging bridge and loop back into Emerson Park, finishing back at Keyes Memorial Park. Kids 1K run is held at Keyes Memorial Park. Prizes awarded to all youth participants. **Please note: Fees are not refundable. Promotional items and gift bags are guaranteed for participants who register by September 7. Participants who register after September 7 may not receive items. Sponsored by St. Joseph Milford Medical Center, Centrix Bank & Road ID**

**When:** Sunday, September 23, 2012

**Pre-Register by Friday, Sept 7 and be guaranteed a goodie bag!**

**Kids \$10/Individuals \$20/Family (4+) \$60**

**Students & Seniors \$15**

To register and for more information go to [www.milfordrec.com](http://www.milfordrec.com)

**Race Day Registration:** Individual \$30/Family (4+) \$60

**Race Parking:** Keyes Memorial Park, 45 Elm St., Milford

**Race Day Registration:** 9:00am (Keyes Memorial Park)

**Kids 1K Fun Run Starts:** 9:30am (Keyes Memorial Park)

**5K Starts:** 10:00am (Keyes Memorial Park)



### Co-ed Wooden Bat Softball Tournament

**Ages 18+.** 3rd Annual Kaley Park Project Coed Softball Tournament & Home Run Derby. Come out for 2 great days of slow-pitch coed softball & Home Run Derby! Proceeds will go to the Kaley Park Project. Home Run Derby open to anyone, additional \$10 paid the day of the event. **Entries will not be accepted after September 21, 2012. Keyes Memorial Softball Fields. Limited to 12 teams.**

**Teams MUST register and pay in full by Sept 21st @ 12pm**

**Register on [www.milfordrec.com](http://www.milfordrec.com) \$150 per team**

**Saturday + Sunday 9/29-9/30**

**Tournament starts at 9am on Saturday**



### Winter Family Festival

**All Ages.** Bundle up and come out to the park for an afternoon of winter fun at Shepard Park! Event includes ice skating, skate swap, DJ, hot coco, chili, bon fire, and other mitten friendly food! Join the fun...become a volunteer! Contact the Rec. Dept. at 603-249-0625, or email [recreation@milford.nh.gov](mailto:recreation@milford.nh.gov). **Shepard Park.**

**Saturday 1/19**

**11am-1pm**

### Daddy Daughter Dance



**All Ages.** Join us for the 4th Annual Daddy Daughter Dance where fathers, escort your daughters to a special night of fun! This event is sure to make your daughter's first dance a memorable one. Formal wear is highly recommended. Food, DJ, raffle prizes and a photo for your daughter of this memorable night (electronic copy only). Advance ticket sales only. No tickets will be sold the night of the dance, tickets are limited. **Town Hall 3rd Floor Auditorium.**

**Saturday 2/9**

**6-8pm**

**Advance Ticket Sales Only**

**\$15 per couple/\$5 each additional child/\$25 family cap**



### Shepard Park Public Ice Skating Rink

**All Ages.** Enjoy the winter season by gliding around on Milford's outdoor public skating rink. Weather dependent, closings will be posted on Facebook. **Shepard Park.**

# MILFORD RECREATION FALL/WINTER

## BUS TRIPS

### Mohegan Sun Here We Come!



**Adults 21+.** We invite you to try your luck at our Gambling Getaway to Mohegan Sun. Motor coach transportation, meal voucher and casino gaming bet included! Book your seat online at [www.milfordrec.com](http://www.milfordrec.com).

**Saturday 9/15 \$32 per person**  
**Depart Milford 8am/Return 7pm (Parking at Citronics, Rt 13)**

### New York City Annual Bus Trip



**Adults & Families.** Back by popular demand! Holiday shopping and sightseeing in the 'Big Apple'. Book your seat online at [www.milfordrec.com](http://www.milfordrec.com).

**Saturday 11/17 \$60 per person**  
**Depart Milford 6am/Return 11pm (Parking at Citronics, Rt 13)**

### Foxwoods Casino Day Trip



**Adults 21+.** We invite you to try your luck at our Gambling Getaway to Foxwoods Casino. Motor Coach transportation, casino bonus package which includes a FREE buffet or \$10 food voucher/Keno voucher. Book your seat online at [www.milfordrec.com](http://www.milfordrec.com).

**Saturday 2/16 \$32 per person**  
**Depart Milford 8am/Return 7pm (Parking at Citronics, Rt 13)**

### Boston Flower Show 2013!



**All Ages.** The theme – Seeds of Change – will showcase how the region's best green thumbs are fearlessly embracing new plants, methods and materials to increase the beauty, the bountiful harvest and the ecological friendliness of their gardens and outdoor spaces. Space is limited book your seat online at [www.milfordrec.com](http://www.milfordrec.com).

**Thursday 3/14 \$38 per person**  
**Depart Milford 9am/Return 3pm (Pickup from Garden St. Municipal Parking Lot next to Police Station)**

## MILFORD AREA MOTHER'S CLUB

### Tot Drop-in



**Toddlers & Parents.** Sponsored by the Milford Area Mother's Club. This is a great place for parents and toddlers to come play and chat. Lots of toys and open space. **Town Hall 3rd Floor Auditorium.**

**Mon Starts 9/10 12:30-2:30pm follows MSD Calendar**  
**Thur 9:30-11:30am**  
**\$2/3 per family; member/non-member**

## KIDS VACATION WEEK PROGRAMS

### School Vacation Programs



**Grades K-5.** Looking for something fun and affordable during vacation week? These programs are filled each day with active games, art, music, team building activities, board games, and a pizza & movie on the last day of the program. Please pack a snack and lunch each day and cold weather clothing and boots for outdoor play in the town parks if the weather permits. Must be signed up before start of program. **Min of 6 participants. Please register early!**  
**Town Hall 3rd Floor Auditorium.**

**Winter Break 2/25-3/1 8:30am-4pm Res \$125/NR \$135**  
**Register by Feb 8 & SAVE \$15**

**Spring Recess 4/22-4/26 8:30am-4pm Res \$125/NR \$135**  
**Register by April 5 & SAVE \$15**

## FAMILY DANCE



### Contra Dances

**All Ages.** Contra Dance refers to several folk dance styles, in which couples and individuals dance in two facing lines. Come meet new friends, no partner required, easy to learn and lots of fun! **Coordinator Frank Woodward**  
**603-487-2480. Town Hall 3rd Floor Auditorium.**

Sept	Fri	8pm	9/28	Adult \$7/Children 6-12 \$3.50
Oct	Fri	8pm	10/26	
Nov	Fri	8pm	11/30	
Dec	Fri	8pm	12/28	
Jan	Fri	8pm	1/25	
Feb	Fri	8pm	2/22	
Mar	Fri	8pm	3/29	"Mad Hatters Ball"

## YOUTH PROGRAMS



### Archery Lessons

**Youth & Adult.** Learn to shoot like Katniss did in The Hunger Games. Katniss' father and the Gamemakers' training center helped her develop archery skills that were sorely needed for survival in The Hunger Games, even before she became a tribute. No equipment necessary, just bring your willingness to learn how to shoot. **Instructor Dana White. Indoor location Bales Gym/Outdoor location Keyes Field.**

<b>Wednesdays</b>	<b>5:30-6:30pm</b>	<b>9/5-9/26</b>	<b>Res \$57/NRes \$62</b>
<b>Wednesdays</b>		<b>10/3-10/24</b>	
<b>Wednesdays</b>		<b>10/31-11/28 (no class 11/21)</b>	
<b>Wednesdays</b>	<b>(TENTATIVE)</b>	<b>12/5-1/2 (no class 12/26)</b>	
<b>Wednesdays</b>	<b>(TENTATIVE)</b>	<b>1/9-1/30</b>	
<b>Wednesdays</b>	<b>(TENTATIVE)</b>	<b>2/6-3/6 (no class 2/27)</b>	

# MILFORD RECREATION FALL/WINTER

## YOUTH PROGRAMS



### Beginner Learn To Skate

**Youth Ages 4 & Up.** All participants must be accompanied by a parent on the ice. Equipment Required: Skates, helmet (any bike/multi-sport helmet), gloves. *Skating programs will last 4-5 weeks weather permitting with a makeup/bonus class held on Feb 16.* **Instructor Dan Fontas, Director of Hockey for The Hockey Academy & New England Stars Youth Hockey. Shepard Park Ice Rink next to St. Joseph's Milford Medical Center.**

**Saturdays 8am-8:30am 1/19-2/16 Res \$25/NRes \$35**



### Learn To Play Hockey

**Youth Ages 5 & Up.** Must have learn to skate experience. Equipment Required: Full equipment including skates, stick, helmet with cage, hockey gloves (other protective equipment such as throat guard and shin guards highly recommended). *Skating programs will last 4-5 weeks weather permitting with a makeup/bonus class held on Feb 16.* **Instructor Dan Fontas, Director of Hockey for The Hockey Academy & New England Stars Youth Hockey. Shepard Park Ice Rink next to St. Joseph's Milford Medical Center.**

**Saturdays 8:45am-9:45am 1/19-2/16 Res \$30/NRes \$40**



### Youth Drama Workshop

**Ages 7-14.** Development through drama is a 12 week workshop that includes staging stories into plays using stories, visualization, mime, movement and puppetry. Learn to use a script and put on a show! **Instructor Roberta Woolfson. [www.lightsupdrama.com](http://www.lightsupdrama.com) Town Hall 3rd Floor Auditorium.**

**FALL SESSION – Register by August 31 & SAVE \$15**

**Thur 9/13-12/13 Res \$165/NRes \$175**  
**(no class 11/22) Performance 12/13 @ 6pm**  
**Ages 11-14 3:30-5pm Ages 7-11 5-6:30pm**

**SPRING SESSION – Register by January 24 & SAVE \$15**

**Thur 2/7-5/16 Res \$165/NRes \$175**  
**(no class 2/28, 4/25) Performance 5/16 @ 6pm**  
**Ages 11-14 3:30-5pm Ages 7-11 5-6:30pm**



### Toddler Tumbling

**Ages 2-5.** These 4 week sessions include fun activities and exercises that will help children develop balance, encourage locomotion, learn to follow instruction and develop independence! Parents participation is required. **Instructor MRD Staff. Town Hall 3rd Floor Auditorium. Limited to 10 participants.**

**Fridays 10-10:30am Res \$18/NRes \$20**

**Session 10/12-11/2**

**Session 11/9-12/7 (no class 11/23)**

**Session 12/14-1/11 (no class 12/28)**

**Session 1/18-2/8**

**Session 2/15-3/8**

## ADULT SPORT OPEN GYMS



### Coed Pickup Basketball

**Ages 18+.** Dust off the Chuck Taylors and hit the court for some pickup basketball. You must register at the Rec Dept prior to season. **Volunteer Coordinator Steve Facques. Bales Gym. Limited to 20 participants.**

**Session Tue & Thur @ Bales gym 6:30-9pm**

**\$25 per person session 1 9/4-1/3 (TENTATIVE)**

**\$25 per person session 2 1/10-5/23 (TENTATIVE)**

**(Please note there is no program 9/20, 11/6, 11/22, 12/25, 12/27, 1/1, 1/22, 2/14, 2/26, 2/28, 3/12, 4/23, 4/25)**

## SENIOR ACTIVITIES



### Coffee Connection

Each month we offer a different activity. Coffee and refreshments served. **Milford Town Hall Banquet Hall.**

**2nd Wed each month 10-11:3am \$1 donation**

### Brunch BINGO

Bring a brown bagged lunch and play B-I-N-G-O! Product prizes for winners of each game. **Milford Town Hall Banquet Hall.**

**4th Wed each month 12-2pm \$1 donation**

## COMMUNITY HAPPENINGS



### Guided Hikes

Sponsored by Conservation Commission  
**4th Sat each month 9-11am**  
**[www.milford.nh.gov/node/713](http://www.milford.nh.gov/node/713)**



### Town Tree Lighting & Caroling

Sponsored by Milford Improvement Team  
**Sat 12/1 6pm**

### Santa & Mrs. Clause on the Oval

Sponsored by Milford Lions Club

**Sun 12/9 12pm-2pm**  
**bad weather 12/16**

